

TRADITIONS

BREAKFAST

BREAKFAST ON THE TEE

Traditional American Breakfast \$14

Two Eggs Any Style, Choice of Bacon, Grilled Ham or Sausage, Breakfast Potatoes, Choice of Toast

Smoked Brisket and Eggs \$17

Grilled Beef Brisket, Two Eggs Any Style, Breakfast Potatoes, Choice of Toast

Market Style Omelet \$14

Choice of Ham, Bacon, Mushrooms, Onions, Peppers, Tomatoes, Spinach and Cheese, Breakfast Potatoes, Choice of Toast

Traditions Skillet Breakfast \$14

Scrambled Eggs, Andouille Sausage, Caramelized Onions, Spinach, Tomatoes, Potatoes, Mozzarella Cheese, English Muffin

Breakfast Power Wrap \$14

Scrambled Egg Whites, Sliced Turkey, Swiss Cheese, Fresh Spinach and Tomato, Flour Tortilla, Choice of Fresh Fruit or Breakfast Potatoes

Breakfast BLT \$11

Sourdough Bread, Cheddar Cheese, Over Medium Egg, Applewood Bacon, Grilled Tomato, Breakfast Potatoes

Traditions Breakfast Sandwich \$10

Scrambled Eggs, Ham and American Cheese, Choice of Bagel or Croissant

Fresh Fruit Plate \$13

Assorted Melon, Pineapple, Grapes and Fresh Seasonal Berries

Bananas Fosters Pancakes \$13

Two Buttermilk Pancakes with Caramelized Bananas

Fresh Blueberry Pancakes \$13

Two Buttermilk Blueberry Pancakes with Powdered Sugar and Whipped Cream

Cinnamon Brioche French Toast \$13

Thick Sliced Brioche, Berry Compote, Powdered Sugar

Southern Fried Chicken and Waffles \$14

Orange Blossom Honey and House Whipped Cinnamon Butter

Traditional Belgian Waffle \$12

Fruit Compote and Powdered Sugar

EXTRA / SIDE ITEMS

One Egg, Any Style \$2**Toasted Bread, English Muffin or Bagel \$3**

White, Wheat or Rye

Bacon, Sausage or Ham \$3**Breakfast Potatoes \$3****Fruit Cup \$4**

SHOTGUN CLASSICS

Assorted Dried Cereal or Granola \$5

Whole or Skim Milk, Bananas or Berries

Classic Oatmeal

Served with Raisins and Light Brown Sugar \$5

Served with Fresh Seasonal Berries \$8

Creamy Organic Grits \$5

Served with Cheddar Cheese

Fresh Berry Parfait (Low-Fat) \$6

Layer of Berries, Granola, & Low-Fat Yogurt

SUPERFOOD SMOOTHIES & SHRUBS

Banana Oatmeal Smoothie \$6

Oatmeal, Whole Milk, Peanut Butter, Banana

Sunshine Smoothie \$6

Banana, Almond Milk, Orange Juice, Fresh Strawberries, Ginger

Key Lime Pie Smoothie \$6

Apple Juice, Lime Juice, Avocado Bananas, Honey

Blackberry-Lime Shrub Spritzer \$6**Raspberry-Thyme Shrub Spritzer \$6**

SPECIALTY COFFEES

Espresso \$5**Cappuccino \$6****Latte \$6****Café Americano \$6**

Double Shot of Espresso, Hot Water

Caramel Macchiato \$7

Served Hot or Iced, Vanilla Syrup, Steamed Milk, Caramel Drizzle

Frapuccino \$6.50

Frozen Iced Coffee, Choice of Caramel, Hazelnut, or Mocha

Vanilla Chia Latte \$6.50

Add a shot to any coffee for \$2

Add a flavor shot to any coffee for \$0.50

Flavors: Caramel, Hazelnut, Chocolate, Vanilla

NON-ALCOHOLIC BEVERAGES

Assorted Coca-Cola Products \$3

Coke, Diet Coke, Coke Zero, Sprite, Lemonade

Sweet and Unsweetened Tea \$3**Traditions Arnold Palmer \$3****Juice \$4.50**

Orange, Cranberry, Pineapple, Grapefruit, Tomato

Milk \$4

Whole, 2%, Skim, Soy, Almond, Chocolate

Royal Cup Coffee \$4**Assorted Hot Tea Selections \$4**

Member discount applies. 20% gratuity will be added for parties of six or more.

Consumer Warning: Eating raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Egg white and Egg Beaters available upon request.